

令和4年度 入学試験問題

英 語 (50分)

注 意

- 1 この問題用紙は、試験開始の合図で開くこと。
- 2 問題用紙・解答用紙に受験番号・氏名を記入すること。
- 3 答えはすべて解答用紙に記入すること。
- 4 印刷がわからない場合は申し出ること。
- 5 試験終了の合図でやめること。

受験番号		氏名	
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1 空所に入れるのに最も適切なものを選び、記号で答えなさい。

1. His opinions were rather () and boring, so we couldn't agree with him.

ア worth イ certain ウ bright エ narrow

2. This picture () me of the time which I spent in junior high school.

ア remembers イ reminds ウ replies エ remains

3. Our store has a large number of () from many countries.

ア guests イ customers ウ passengers エ patients

4. I don't think we have met before. May I () myself?

ア enjoy イ locate ウ introduce エ absent

5. () snow is expected to fall in Tokyo all day tomorrow.

ア Few イ Many ウ Heavy エ Full

2 次の語句を日本語の意味に合うように並べかえたとき、() 内で2番目、5番目、8番目にくるものを選び、記号で答えなさい。ただし、文頭にくるべき語も小文字にしてあります。

1. 私は何時に飛行機が到着するのか知りません。
(ア arrive イ don't ウ I エ know オ the plane カ time キ what ク will).
2. 彼に自分の決定をわれわれに説明してほしい。
(ア decision イ explain ウ him エ his オ like カ to キ we ク would) to us.
3. その歌手は死んだ時に、自分の子供たちに何も残さなかった。
The (ア children イ died ウ her エ left オ nothing カ she キ singer ク when).
4. 歓迎会に招待された人たちの大部分は、古くからの友人たちであった。
(ア invited イ most ウ of エ old オ to カ the people キ the reception ク were) friends.
5. あの選手はチームのほかの誰よりも背が高い。
(ア anyone else イ is ウ on エ player オ taller カ than キ that ク the team).
6. 高熱の方は入園をお断りします。
(ア a high fever イ allowed ウ be エ enter オ guests カ not キ to ク will ケ with) the Parks.
7. 探していた本をついに見つけた。
Finally, I (ア book イ for ウ found エ have オ I カ looking キ the ク was ケ which).
8. 雪が溶けるほど暖かいと思いますか。
Do (ア enough イ for ウ is エ it オ melt カ think キ the snow ク to ケ warm コ you)?

3 Nancy B. Gibbs さんによって書かれた次の英文を読んで、あとの問いに答えなさい。

The story entitled “The Window” touched my heart in an amazing way. The story speaks of two men who were sharing a room in a hospital. One man, who couldn’t get out of his bed, had to lie on his back on the far side of the room. He was a bit jealous because the other man was on the side with the window.

The man by the window shared everything he saw with the man on the other side of the room. He described the beautiful view and everything happening in so much detail that the man who was stuck in bed felt like he was looking out the window himself. When the man on the other side of the room was finally moved to the bed by the window, he was surprised to discover that there wasn’t a beautiful view. The window was right next to a brick wall from another building.

I felt so sad when I heard my father couldn’t recover from his illness. The doctors told him he had Parkinson’s and Alzheimer’s disease. He had to go to a special hospital for people who were going to die soon. But before he went there he asked for one last vacation. I talked with the doctors about it and learned that it wasn’t possible. So like the man at the window who tried to encourage his friend on the other side of the room, I decided to help him imagine we were traveling right there in the nursing home.

The man in the story brought the outside world (the park, the people, the lake) to his friend. This made me realize that I could bring many famous vacation spots to my father. I got on the Internet and asked my online friends to send me pictures or postcards from their hometowns. Some of them began mailing me packages of pictures, cards and souvenirs from the festivals and other events in their hometowns. ①Many not only sent pictures and postcards but wrote long, detailed letters full of wonderful descriptions to ②a dying man.

Then ③the oddest thing began to happen. We started getting special souvenirs from important events in people’s lives from all over the world. My friends told their friends and their friends told their friends. There were days I would go to the post office and find boxes filled with the exciting stuff from all over the world. My dad became a world traveler in his nursing home room. And he didn’t even have to buy an airline ticket. My online friends knew dad couldn’t go out and see the world, so they sent their world to him. I’ll never forget the trips we took, the conversations we had and the smiles on my dad’s face as I shared all the tourist attractions with him. I received more and more stuff for weeks on end. And about the time my dad no longer knew who he was or who I was, the packages ceased to arrive. His vacation was over, but the memories will stay with me forever.

“The Window” taught me to step up and do the best I could, that life could be a joyful event. Sometimes we must use our imagination and stretch ourselves to bring joy to someone else. The man in the story, looking at the wall, made a difference in my father’s life even after he was gone. His story touched me in a way that caused me to exercise my faith and stretch my imagination. Through this, I was able to fulfill my father’s dying request.

After dad died, in an attempt to heal my own grief, I would often pull out the pictures, the cards

and the souvenirs and travel around the world once again.

It's been thirteen years since my father died, but when I think of our traveling days together, I still shed a few tears of joy and hope.

出典： Nancy B. Gibbs. *World Traveler*. 一部改変

1. Why did the man at the window tell a lie?
 - ア He wanted to share his feelings with his friend on the other side of the room.
 - イ He wanted to talk about the things he could see in the outside world.
 - ウ He wanted to move his bed to the other side of the room.
 - エ He wanted to give hope to the man on the other side of the room.

2. Why couldn't the author's father go on a vacation?
 - ア Because it was too difficult for the author to ask for one last vacation.
 - イ Because he was asked to encourage his friend on the other side of the room.
 - ウ Because the doctors didn't give him permission to go.
 - エ Because the author had to go to a special hospital.

3. How did the author bring the outside world to her father?
 - ア By imagining that people mailed packages to him.
 - イ By asking online friends to send pictures or postcards from their hometowns.
 - ウ By meeting people who the author didn't know.
 - エ By writing long, detailed letters full of wonderful descriptions.

4. 下線部①の後ろに省略されている語句を次のア～エから1つ選びなさい。
 - ア other events
 - イ packages
 - ウ online friends
 - エ souvenirs from the festivals

5. 下線部②とは本文中の誰のことか、次のア～エから1つ選びなさい。
 - ア the man at the window
 - イ the father
 - ウ the author
 - エ the doctor

6. 下線部③とは何か、次のア～エから1つ選びなさい。
- ア 全世界から友人が会いに来たこと。
 - イ 郵便局へ行ったら箱でいっぱいだったこと。
 - ウ 父親が自分のことがだれかわからなくなったこと。
 - エ 友人の友人が世界中からお土産を送ってくれたこと。
7. What can you learn from this story? (You may choose more than one option.)
- ア Sometimes a good lie can bring joy to someone else.
 - イ Usually hospitals stand next to brick walls.
 - ウ To become a world traveler, it is important to have friends all over the world.
 - エ You never know when your actions could indirectly bring happiness to others.
8. 解答欄に“The Window”に出てくる病室の見取り図が描かれています。本文の内容に合うようにその図にベッドの位置を書きこみなさい。

4 次の英文を読んで、あとの問いに答えなさい。

What Is Sleep Debt?

Sleep debt, also called a sleep deficit, is the difference between the sleep you need and the sleep you get. For example, if you need eight hours of sleep per night, but you only get six hours, then you have two hours of sleep debt.

This means if you go to sleep just 30 or 60 minutes later than usual for a few days, your sleep debt can quickly *add up. The most common activities that cause Americans to miss sleep are work hours, *commuting, *socializing, relaxing, and watching TV.

A growing sleep debt does not always mean that we feel tired. Research has shown that our brains can learn to deal with very limited sleep without feeling sleepy even though our body's mental and *physical performance is getting (1) and (1).

Avoiding Sleep Debt

To avoid the problems of lost sleep, it is important that you don't build up a big sleep debt in the first place. As sleep is one of the most important ways to care for our body, we should learn how much sleep we need and always try to sleep for that amount of time.

Different people need different amounts of sleep, but most adults need 7 to 9 hours of sleep per night according to guidelines from the *National Sleep Foundation. Children and teenagers need even more sleep because their bodies are still growing and (2).

Some people think that staying up late helps them get more done, but everyone should remember that getting enough sleep improves your mental performance and helps you be more focused and efficient during the day. Here are a few ideas to help your sleeping environment and your preparation for sleep. These ideas could reduce your chances of building up a sleep debt:

- Keep a set sleep schedule: Maintaining a set sleep schedule helps you to view sleep as more important than other things like watching TV or playing games. If you need to change the time you go to bed, do it slowly and in stages.

- Develop a nightly *routine: Having a nightly routine allows your body to relax and prepare for quality sleep. Set an alarm for 30 minutes to an hour before bed to *remind you to turn the lights down low, turn off your *electronic devices, and find a relaxing activity.

- Consider daytime habits: If you have a big sleep debt, then maybe your daytime activities are *affecting your sleep. Make sure you're getting lots of daylight and exercise during the (3). Do not drink caffeine close to bedtime, and try not to look at your phone or do anything else when you get into bed. Limiting screen time before going to bed can really help improve your sleep.

- Improve the bedroom environment: Make your bedroom perfect for sleep. Keep the temperature comfortable for sleeping (around 18°C), block out any lights or (4) that might keep you awake, and consider changing your mattress, pillow, or sheets if they're getting older or uncomfortable.

Sometimes losing sleep is *unavoidable. We can't always escape from a demanding work schedule or a late night with family or friends. *Therefore, it's important to have a plan for recovering from lost sleep. *Fortunately, with a little patience and *organization, people can (5) from sleep debt and enjoy the benefits of having good sleeps.

出典： National Sleep Foundation. *Sleep Debt and Catching up on Sleep*. 一部改変
<https://www.sleepfoundation.org/how-sleep-works/sleep-debt-and-catch-up-sleep>

(注) add up… (問題などが) 大きくなる commute…通勤する socialize… (人と) 交流する
physical…身体の National Sleep Foundation…国立睡眠財団 routine…習慣
remind…思い出させる electronic device…電子機器 affect…影響する
unavoidable…避けられない therefore…ゆえに fortunately…幸運にも
organization…段取り

A. 文中の(1)～(5)に入れるのに最も適する語を下の語群から選び、記号で答えなさい。同じ番号には同じ記号が入ります。

ア	worse	イ	blinds	ウ	night	エ	recover	オ	day
カ	developing	キ	increasing	ク	remove	ケ	noises	コ	better

B. 以下の問いに記号で答えなさい。

1. Which is true about “Sleep Debt”?

- ア If your sleep debt increases, you'll always feel sleepy.
- イ You don't need to worry about a small amount of sleep debt.
- ウ If you spend a lot of time relaxing, you don't need to sleep so much.
- エ It is what you have when you don't have enough time to sleep properly.

2. According to the article, which is true?

- ア Adults have more sleep debt than the young because they are busier.
- イ Everyone has different ways of sleep, so no one can tell how much you should sleep.
- ウ Getting enough sleep will allow you to concentrate on something.
- エ To get more things done, you should have less sleep.

3. Which is NOT mentioned in the article?

- ア To help your body understand how important sleep is, you should keep a set sleep schedule.
- イ You shouldn't drink coffee before sleeping, but if you drink a glass of water, you can sleep well.
- ウ It is better to do something relaxing before going to bed.
- エ You should change your pillow or mattress if they don't feel good.

5 次の日本語を英語になおしなさい。

1. 私は今までこんなに美しい写真を見たことがない。
2. 放課後、図書館に来ることを忘れないでね。

6 次の内容について、40語から60語程度の英語で述べなさい。

What subject do you like the best, and why?

Choose one subject from the followings.

English, mathematics, science, Japanese, social studies, music, physical education,
home economics, industrial art, fine art

評価点	令和4年度 高等学校入学試験問題 [英語] 解答用紙 (2月13日)
	氏名

受験番号	①	②	③	④	⑤	⑥	⑦	⑧	⑨
	①	②	③	④	⑤	⑥	⑦	⑧	⑨
	①	②	③	④	⑤	⑥	⑦	⑧	⑨

記入例

良い例	
悪い例	

《注意事項》

- ・解答は解答欄の枠内に濃くはっきりと記入して下さい。
- ・解答欄以外の部分には何も書かないで下さい。

用紙タテ上 こちらを上にしてください

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	4	2番目	5番目	8番目	5	2番目	5番目	8番目	6	2番目	5番目	8番目
	7	2番目	5番目	8番目	8	2番目	5番目	8番目				

3	1		2		3		4		5		6		7	
8														

4	A	1		2		3		4		5	
	B	1		2		3					

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